



The Children's Assessment Center

Instructions for Making Holiday Cards

Do you want to spread some holiday cheer or send encouraging messages to child survivors of abuse? If so, please follow these instructions. Your generosity and kindness will bring smiles and joy this holiday season. **We are so grateful for your caring support!**

1. Gather up some supplies:

You can print one of our templates or create your own card. You are welcome to use craft supplies, such as stickers, stamps, etc.

2. Addressing your card:

Since we do not yet know the child's name, please make sure you do not address the card to a specific person. If you want to address the card, here are some suggestions:

- "Hey friend"
- "To a very special person"

3. Card messaging:

Since our children are going through a traumatic situation, we encourage you to write positive and uplifting messages. Use our examples or come up with your own uplifting comments.

Here are some examples:

- You are an amazing person
- Never forget how amazing you are
- You rock
- I hope you have a wonderful holiday
- You shine brighter than the sun
- You are Special
- You are one of a kind
- You are amazing just the way you are
- You are capable of amazing things
- I hope you have a great holiday

4. Sign your name:

Please do not include any personal information, such as: name, phone number, address, email address, etc.

5. Mail out or drop off cards: Please mail your cards by or **drop them off on December 1st from 8 am to 5 pm.**

Please mail or drop off cards to: The Children's Assessment Center
Attention: Cassi Donovan
2500 Bolsover St.
Houston TX 77005

If you have any questions, please reach out to Cassi Donovan at 713-986-3502 or Cassi.Donovan@cac.hctx.net.





You are Kind

You are Smart

You are Special

You are Unique

You are Amazing

You are Brave

You are Strong



HAVE
A WARM
& FUZZY
HOLIDAY
SEASON!

This card comes with extra
tight invisible hugs for you!

MERRY
CHRISTMAS
HO! HO! HO!

