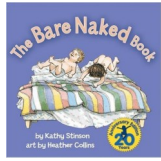


# Book List for Parents



The Children's Assessment Center

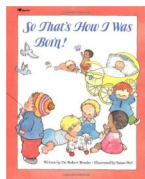
## Young Children



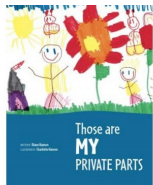
"The Bare Naked Book" by Kathy Stinson  
2-5



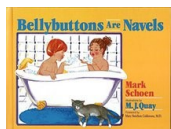
"Amazing You" by Dr. Gail Saltz  
3-7



"So That's How I Was Born!" by Robert Brooks  
3-7

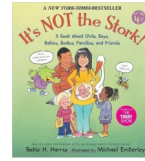


"Those are my Private Parts" by Diane Hansen  
3-7



Bellybuttons Are Navels by Mark Schoen  
4-8

## Children



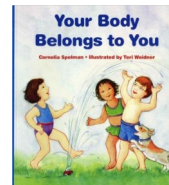
"It's Not the Stork!" by Harris & Emberley  
4-8



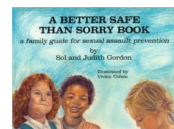
"What's the Big Secret" by Little & Brown  
4-8



"I Said No! A Kid-to-Kid Guide to Keeping Private Parts Private" by Zack and Kimberly King  
4 and Up



Your Body Belongs to You by Cornelia Spelman  
4-8



"A Better Safe Than Sorry Book" by Gordon & Cohen  
4-8

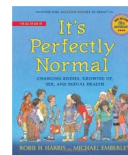
## Pre-Teens



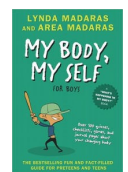
"It's So Amazing!" by Harris & Emberley  
7-10



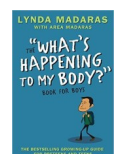
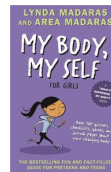
"Asking About Sex and Growing Up" by Cole  
8-12



"It's Perfectly Normal" by Robie Harris  
10-12



"My Body Myself" by Lynda Madaras (Version for boys and girls)  
9-12



"What's Happening to My Body" by Lynda Madaras (Version for boys and girls)  
10-15



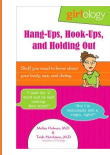
## Adolescents



"Dear Larissa" by Cynthia Akagi  
11-17



"Dear Michael" by Cynthia Akagi  
11-17



"Girlogy Hang-Ups, Hook-Ups, and Holding Out: Stuff You Need to Know About Your Body, Sex, & Dating" by Dr. Holmes, Dr. Hutchison  
13-17



"In Love and In Danger: A Teen's Guide to Breaking Free of Abusive Relationships" by Barrie Levy  
15 and up



"Breathing Underwater" by Alex Flinn (Fiction—Dating Violence)  
16 and up

*This is a compilation of different books used by clinicians, therapists, and parents to help parents talk with children about private parts, touching, bodies and sex. Some have more graphic images or words than others and all need to be reviewed at the parent's discretion to determine which books are appropriate for your family. All can be found at various bookstores and are presented here as a reference point for caregivers.*