



2022-2023 CAC Abuse Prevention Programs

Child and Youth Prevention Training:

Monique Burr Foundation (MBF): Child Safety Matters (Range 35-45 min)

MBF Child Safety Matters® is a comprehensive, evidence-based prevention education program for elementary school students in grades K-5. The program is divided into two presentations (Part 1 & 2) to effectively teach students and adults how to prevent, recognize, and respond appropriately to the four types of child abuse (physical, emotional, sexual, neglect), bullying, cyberbullying, and digital dangers.

Monique Burr Foundation (MBF): Teen Safety Matters (55 min)

MBF Teen Safety Matters® is a comprehensive, evidence-informed prevention education program for middle school students in grades 6 - 8 and high school students in grades 9 - 12. The program is divided into two presentations (Part 1 & 2) to effectively address emotional, physical, and digital safety, and teach students and adults how to prevent, recognize, and respond appropriately to the four types of child abuse (physical, emotional, sexual, neglect), exploitation, trafficking, sexual assault, relationship abuse, bullying, cyberbullying, and digital dangers.

P.S. It's My Body: Happy Bear (Ñ) (30 min)

A Prevention Program for Children dedicated to teaching them about personal safety by studying the three R's: Recognize, Resist, and Report. The children are taught body boundaries, feelings, proper names for private parts, welcome and unwelcome touches, saying "NO" and identifying trusted adults to tell about problems or to ask for help.

NetSmartz-Internet Safety Program (Ñ) (30-45 min)

The NetSmartz Internet Safety program offers a non-threatening overview of the dangers of the digital world, methods for navigating online safety, and tools children can use to protect themselves from internet crimes. This presentation is offered to K-Teen Students, Parents, and Community members.

Child Sex Trafficking Training:

Domestic Minor Sex Trafficking (DMST)- Ñ (1-1 ½ hr)

The Domestic Minor Sex Trafficking Training focuses on defining Domestic Minor Sex Trafficking (DMST) and describing the prevalence and recruitment locations of DMST in Houston, TX. This presentation provides insight into the techniques used by pimps, teaches audience how to spot & respond to DMST, understand the psychological and physiological impact of DMST, and learn about local resources for victims of DMST.

Standing for and Achieving Youth Empowerment (SAYE) (1hr ea.)

A five-unit prevention curriculum that serves as an educational tool to equip teens with the necessary knowledge to protect themselves from sex trafficking. The curriculum engages adolescents throughout the training, while helping them learn how to use critical thinking to stand against victimization.



Adult Prevention Training:

Darkness to Light: Stewards of Children-Adults Protecting Children From Sexual Abuse (Ñ) (2hr & Fee Required)

The Darkness to Light Training specializes in the education and prevention of child sexual abuse, other forms of abuse, and mandated reporting. Through this training, Adults learn how to prevent, recognize, and react responsibly to child sexual abuse. Supplemental Training opportunities are available:

- Supplemental Trainings:
 - Bystanders Protecting Children From Boundary Violations (45 min)
 - In this training you will learn how to be an active bystander in child sexual abuse prevention and response. You will receive examples of boundary violations and inappropriate behaviors, and how you can make spontaneous and planned interventions that reinforce boundaries and protect children.
 - Commercial Sexual Exploitation of Children (1hr)
 - This training teaches you about the root cause of commercial sexual exploitation & why preventing sexual abuse is important to reducing the risk of children being sexually trafficked.
 - Talking with Children About Safety From Sexual Abuse (45 min)
 - In this training you will learn how to talk with and listen to children about sexual abuse and personal safety.

Youth Camp Training: Awareness and Prevention of Child Sexual Abuse (Ñ) (2hr & Fee Required)

In accordance with Texas Health and Human Services and 25 TAC 265.12 (i), this training provides an understanding of Child Sexual Abuse and Child Molestation, and it is appropriate for both Youth Camp and Campus Programs for Minors.

**Course Exam will be provided. Participants must pass with a minimum score of 70%.

School Trainings:

Texas Child Abuse Identification and Reporting: Identifying and Reporting Potential Victims of Sexual Abuse, Human Trafficking and Other Maltreatment of Children (2-3hr)

This training provides a better understanding of the dynamics of sexual abuse by defining and outlining indicators of sexual abuse. Additionally, this presentation reviews Texas laws on child abuse and focuses on identifying and reporting victims of sexual abuse, human trafficking, and other types of child maltreatment.

**Meets requirement for the Mandated School Training for Board of Trustees, Superintendents, and School Employees.

**The CAC is a TEA registered provider for the School Board Member Trainings.